

COVID 19 (nCorona) Virus Outbreak Control and Prevention State Cell Health & Family Welfare Department Government of Kerala

COVID-19 - PROTOCOL FOR MANAGEMENT OF COVID CARE CENTERS- Reg

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WHO has declared the COVID-19 epidemic affecting more than 197 countries as a Pandemic. Due to the inflow of persons from affected countries, Kerala state has strengthened the surveillance and control measures against the disease.

A COVID care centre is a facility meant for isolating persons who have recently arrived in the Kerala. The objective of a COVID care centre is to enable such persons to successfully complete the period of isolation.

The COVID CARE CENTERS shall also function as the health care centers for the persons who have come from abroad having minor symptoms or the person who have come from other states of India and having minor symptoms so as to avoid crowding in the Hospitals.

The COVID Care centers shall have

- 1. Independent rooms as far as possible with attached bathrooms.
- Proper electricity and water facilities.
- 3. Proper drinking water facilities
- 4. Security to ensure that isolation people are safe
- 5. There should be a minimum of 50 beds in a COVID care centre
- 6. A minimum space of 100 sq. ft should be ensured per person so as to enforce social distancing measures.

Management

• The local ward member will be in charge of the COVID care centre

 A COVID care centre will be managed in three shifts (8 am to 2 pm, 2 pm to 8 pm and 8 pm to 8 am)

Manpower required

- 1. Voluntary health care worker
- Doctor of the nearby PHC on call duty if any person becomes symptomatic
- 3. Junior Health Inspector (Male/Female) -1

HR STRUCTURE

a) COVID care centre with 50 – 100 beds:

- 1. Volunteer Health Worker: 2
- 2. Doctor on call: 2
- 3. Junior Health Inspector (Male/Female): 2

b) COVID care centre with 100 - 200 beds:

- 1. Volunteer Health Worker: 4
- 2. Doctor on call: 4
- 3. Junior Health Inspector (Male/Female): 4

c) COVID care centre with more than 200

- 1. Volunteer Health Worker: 6
- 2. Doctor on call: 6
- 3. Junior Health Inspector (Male/Female): 6

Duties and Responsibilities of COVID Care Centre

- LSG should ensure basic needs like food, water, sanitation, waste management and infrastructure
- 2. Health Dept. should provide necessary medical aid and also ensure that all inmates of the COVID care centre are following isolation guidelines
- There should be a register in front desk to record all details of the persons admitted to COVID care centre.
- 4. At the time of admission into COVID care Centre, using a symptom checklist the healthcare volunteer should ensure that the person is

- asymptomatic. Persons with Fever, Cough, Sore Throat, Dyspnoea or Diarrhea should **NOT** be admitted to COVID care centres.
- All inmates at the time of admission to COVID care centres should be sensitized about personal hygiene, environmental hygiene and social distancing measures.
- Signages on Personal hygiene (Cough and sneeze etiquette, hand hygiene), environmental hygiene and social distancing measures should be displayed near front desk and in all floors.
- 7. Daily symptom checks on inmates will have to be done by the voluntary health worker. If any person becomes symptomatic while under isolation, she/he should be immediately referred to the nearest designated isolation facility for evaluation.
- 8. Health care volunteers should maintain a list of medicines that persons with other co-morbidities admitted in COVID care centres are routinely taking like medicines for Hypertension, Diabetes, Dyslipidemia etc. through LSGD. Health care volunteers should ensure supply of these medicines to the inmates.
- All the staff posted in COVID Care Centres should practice standard and transmission based precautions. If they develop influenza like illness, they should contact the Medical Officer on call for expert advice.

Principal Secretary